



DREAM IT★BE IT★

CAREER SUPPORT

★ {for girls} ★

Golden West Region
Conference 2016
Freestyle Cruising



SOROPTIMIST

Best for Women



SI Phoenix, SI Kachinas & SI Happy Valley of the Sun



How can my club participate?

Step 1: Form a planning committee

Which members have the

- PASSION
- TIME
- DRIVE

...to implement a project?

SI Moreno Valley



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Step 2: Review SIA's research and available resources



You're not on your own!

SIA provides:

- Club Planning Toolkit
- Video tutorial + Project Guide
- Detailed curriculum sessions
- Recruitment flyer
- and more!

DREAM IT • BE IT

CAREER SUPPORT

{for girls}

A program of Soroptimist and its online community LiveYourDream.org, which work to improve the lives of women and girls through programs leading to social and economic empowerment.

IF YOU CAN DREAM IT, YOU CAN BE IT!

The DREAM IT, BE IT program can help you plan your future!

Soroptimist's Dream It, Be It: Career Support for Girls helps girls grow up to be strong, successful, happy adults. The program provides girls, like you, with access to professional role models, career education and the resources to live their dreams.

Are you ready to work toward achieving your goals?

By participating in this program you will learn about career opportunities, setting and achieving goals, overcoming obstacles to success, and moving forward after setbacks. Sign up today and get on track to making your career dreams become reality!

WHAT:

WHEN:

WHERE:

For more information and/or to register contact:

Soroptimist International of

Name

Email

Phone

Website



SOROPTIMIST
Best for Women



LIVE YOUR
dream
.org





Step 3: Complete SIA's new Standards for Working with Youth



SOROPTIMIST
Best for Women®

Soroptimist Members Area

Participating members **must**:

- Review Standards for Working with Youth
- Complete background checks (USA & Canada)
- Read training information
- Report compliance to SIAHQ

HOME ACCESS DIRECTORIES MEETINGS/CONVENTIONS BEST FOR WOMEN CONTACT US

Resources, Information & Forms

Shop the Soroptimist Store

Donate

Member Resources

Soroptimist Live Your Dream Awards

Dream It, Be It

Soroptimist Programs

Resources for Local Club Projects

General Program Information

Soroptimist International

Procedures for Working with Youth

Soroptimist Programs

The programs of Soroptimist International of the Americas improve the lives of women and girls in local communities and throughout the world. Resources are available to clubs to participate in federation programs and also local-level initiatives to help women and girls live their dreams.

Soroptimist Dream Programs - Learn how the Dream Programs of Soroptimist are supporting the economic and social empowerment of women and girls.

How can your club participate in the Soroptimist Dream Programs? - Our Dream Programs are designed so that all clubs can participate! Learn the different approaches your club can take to support our core value of empowering women and girls through education.

Signature program resources, including an easy-to-use writeable/emailable application form

Club planning toolkit, research paper, frequently asked questions and more

Materials and resources for other federation programs

Project evaluations, club partnerships, model program kits and white papers and more

Quick reference guide, Soroptimists Celebrating Success Awards application and more

Programme, Programme Focus Reports, and Friendship Links

Resource materials for programs involving youth.

Not a Soroptimist Member?
Find out how to join and get involved!

Translated Resources

- 日本語翻訳資料
- 한국어 번역 자료
- Documentos traduzidos em Português
- Recursos traducidos en Español
- 中文资源

Quick Links

- Pay dues/fees
- Update club roster
- Update member profile
- Best for Women

Access Resources:

- Program
- Membership
- Public Awareness
- Fundraising
- Federation Information

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Step 4: Organize a girls advisory group



SI Chino Valley & SI Chino Hills/Inland Empire



The most successful projects actively involve **girls!**

SIA's Club Planning Toolkit offers useful information about forming an advisory group

"We found highly motivated young women with an enthusiasm for helping others. Teens are sometimes portrayed as self-centered but we found the more they were involved in the community, the more they wanted to contribute." — Carole Celler, SI/Upper Montgomery County, MD

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Step 5: Conduct a community assessment

Ask...

- ✓ What organizations or agencies are already working with girls?
- ✓ Are local agencies, schools or organizations providing career support for girls?
- ✓ What type of girls do these programs target? Are any girls excluded?
- ✓ What other groups, businesses or types of individuals would be interested in supporting Dream It, Be It?
- ✓ Do schools have college and/or career counselors? What kind of support do they provide?



Step 6: Create a budget and raise funds

Expenses and revenue

Existing financial
commitments

Fundraising and
sponsorship opportunities

SI Chino Hills/ Inland Empire –
Painting Party



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Step 7: Select a model



Choose the right fit!

- One day conference
OR

➤ Consider
community
needs + club
preferences

SI Las Cruces - One Day Conference



Step 8: Identify community partner(s)

Create/strengthen relationships with local

- schools
- youth organizations
- places of worship
- social service agencies

that may have similar needs

SI Phoenix, SI Kachinas & SI Happy Valley of the Sun



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Step 9: Confirm dates/location and recruit participants

Confirm details with club members + community partners



Work together to identify participants!

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Step 10: Identify speakers

Review your community assessment...

SI Corona 1 Day Conference



- What local leaders or organizations could be influential to girls as a speaker?
- Can they be involved in other ways, too?

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Step 11: Carefully review the Dream It, Be It curriculum



- Adapt the curriculum to fit the needs of your audience
- Consult with girls advisory group to ensure curriculum is relevant



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Step 12: Facilitate curriculum sessions with girls

Lack experience working with girls? **That's okay!**

SI Phoenix, SI Kachinas & SI Happy Valley of the Sun



➤ Check out
Tips for
Facilitating
Groups

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Step 13: Girls complete the Evaluation Form

Evaluation is key to measuring impact and program goals!

The image shows a sample of the 'Evaluation Form' for the 'DREAM IT • BE IT' career support program, specifically for girls. The form is titled 'Evaluation Form' and includes a header with the program logo and the text 'THANK YOU FOR PARTICIPATING IN DREAM IT, BE IT!'. It instructs participants to answer questions honestly and choose one answer for each question. The form contains 10 questions, each with five response options: Strongly Agree, Agree, Uncertain, Disagree, and Strongly Disagree. The questions are:

1. I feel more confident about my future success.
2. I feel more prepared to pursue my career goals.
3. I have new tools to overcome obstacles to my success.
4. I have new tools to overcome setbacks.
5. I understand how my values can connect to possible careers.
6. I know women who want to support my professional aspirations.
7. I was introduced to professional role models.
8. I had an opportunity to create achievable goals for my future.
9. What do you see as the number one obstacle to your career success?
10. Did you learn strategies to overcome that obstacle?

The form also includes a section for 'Please explain your answer:' and a footer with the copyright notice '© Scripted Information of the American April 2016' and 'page 1 of 2'.

- Girls should complete the Evaluation Form after the final session or end of the day

Step 14: Submit a Club Transmittal Form

- Complete + submit the club transmittal form to your Dream It, Be It Region Chair



Step 15: Submit evaluation results to SIAHQ

Resources,
Information
& Forms

Shop the
Soroptimist Store

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LIVE
YOUR
DREAM
Member
Resources

Soroptimist International of the Americas
25 mins

This weekend launches the 2016 Soroptimist Region Conference season! Those with conferences this weekend and early next week are Japan Minami Region, Soroptimist International South Atlantic Region, Japan Higashi Region, Japan Nishi Region, and Soroptimist Northwestern Region. Best of luck to you! We wish you a fun and successful conference. Please share your conference photos with us so that we can take...

★ Reporting and Evaluation ★

You used the Dream It, Be It planning resources and the curriculum... now it's time to report the success of your project!

Resources

Club Evaluation Guide

Learn more about conducting an evaluation of your Dream It, Be It project so SIA understands the collective impact of our work in the community and around the globe to improve the lives of girls.

Club Transmittal Form

Report your club's participation in Dream It, Be It to your Region Chair

14-15 Dream It, Be It Club Participation and Progress Report

Learn about the progress of Dream It, Be It throughout 2014-2015 and see a comprehensive list of available resources

Submit Participant Evaluation Information

After girls complete a Dream It, Be It Evaluation Form (last 2 pages of the Club Evaluation Guide), a member of your club will need to submit the results.

The online form is a Google Form embedded into SIA's website. On each page, you will need to use a sidebar to scroll down to see every question and then click the 'Continue' button to advance to the next page of the form. You will not be able to continue to the next page until all required answers are entered.

Many questions require a numerical answer. To make the process as easy as possible, the person responsible for completing the online form should carefully review the Club Evaluation Guide and then gather the necessary information before starting.

Submit Participant Evaluation Information

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➤ Designate a club member to enter results of the evaluation forms online

➤ Deadline JUNE 1

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Public Relations

WOMEN IN CHARGE

Soroptimist group trains and prepares city's young women

BETH WATERS
FOR THE SUN-NEWS

LAS CRUCES - The message to the young women of Las Cruces could not have been clearer, success can be had if you prepare to succeed.

The message was conveyed Saturday to about 50 young women, representing local junior and senior high school students while participating in a conference sponsored by Soroptimist International of Las Cruces.

The conference, themed "Dream It, Be It," is one of several year-round events sponsored by the Las Cruces chapter of Soroptimist, first chartered by Soroptimist International in 1970. Soroptimist is a global women's organization, whose mission is to improve the lives of women and girls, leading to social and economic empowerment. World wide membership is said to be more than 75,000, with 29 members representing Las Cruces.

"It's important for these young women to believe in themselves, they have a lot more strength than they realize," said Margo Bencomo, one of the organizers of the event.

"You have to have faith in yourself, believe in yourself," Bencomo said, as if speaking from personal experience. "We often don't learn these things until we're older."

With learning as the order of the day, attendees received firsthand and specific advice on checking one's credit score to table etiquette when dining in a business setting.

There were some lighthearted anecdotes shared by speakers and organizers, but those too carried the weight and



Approximately 60 young women gathered at the Hotel Encanto on Saturday to receive training and messages of empowerment from Soroptimist International of Las Cruces during the Soroptimist's Dream it, Be It Conference.

significance essential for securing success.

Bencomo recalled her first job while at a fast food restaurant, when she accepted some fraudulent checks. Her boss then garnished her pay by the amount of the bounced checks.

"What I didn't know is that my boss would eventually be paid back that lost money, by the bank," Bencomo told the gathering. "I was young and didn't know any better."

Other advice ranged from the specific to the general. Learning everyday lessons on minding personal finance was especially appreciated by Priscilla Corona.

"Learning about keeping a budget, writing checks, things like that is so important," Corona said. And referencing

Bencomo's fast food anecdote, Corona remarked, "that really opened my eyes."

The junior at Oñate High School said she grew up imagining she would play women's professional basketball.

"Now, as you grow up, you face the realities," Corona said. "I started to see that I was good in math and that I like math. So I began to realize how important academics are."

Many of the students attending the conference will advance to college or going beyond to earn advance degrees, organizers said.

"When it comes to student loans, you have to realize and understand that those loans are not free money," Ester Devall, Soroptimist scholarship chair-

See **WOMEN**, Page 2C

Before During and After
Send out news release

Ask a reporter to attend

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Questions?



SI Chino Valley & SI Chino Hills Inland Empire - 7 Small Group Sessions

**Ask your Dream It, Be It
District Committee Member!**

name

email

Phone

Questions?



SI Phoenix, SI Kachinas & SI Happy Valley of the Sun - 1 Day Program

Or Ask your Dream It, Be It

Region Chair!

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