

Happy Talk



S.I. San Bernardino
Golden West Region

November, 2020

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You can't stop the waves, but you can
learn to surf...
Surf's up!



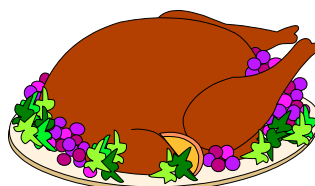
Thankful and Giving

Sailing into November! It's the beginning of that hectic season we call the holidays. But November reminds me to be thankful and giving. I'm always thankful for my family and Soroptimist support team. And this month I can include a tidal wave of appreciation for voting, veterans, great food with friends and family, followed by black Friday shopping. What's not to love!?

As a club, SI San Bernardino has also embraced thankful and giving. We realized we couldn't do our usual fund-raising events this year so we

decided to launch a month of thanking our supporters and sharing our list of projects and other services we provide to our community. This thankful and giving campaign will fill our sail with the extra breeze we need to deliver to those signature projects and continue our vision of women and girls having access to resources and opportunities to reach their full potential and live their dreams.

In closing, I'm thankful for our newest member, Olivia Hart, for joining our team! We will be giving you a wet



Count Your Blessings

suit to hit the waves and learn to surf. And I'm especially thankful for all our members and their giving of their time, money and enthusiasm to our vision and mission!

President Judy

The Thanksgiving Turkey

from Curious Customs by Tad Tuleja

Why do Americans eat turkey at Thanksgiving? Not because of the Pilgrims. Turkeys were probably eaten at the famous "first Thanksgiving" in 1621, but there is no hard evidence. Colonial records mention only "fowl" and deer, the latter supplied by the Indians. Turkey did not become customary Thanksgiving Day fare until the turn of the nineteenth century, and it did not become the traditional main course until the 1860's. Moreover, the Turkey Day tradition became firmly es-

tablished only after World War II, thanks to an aggressive marketing campaign on the part of the poultry industry. That effort, which coexisted with the development of hybrid gobblers, helped to invent the supposed Pilgrim tradition and successfully made the stuffed bird an image of American abundance.

Like the turkey, Thanksgiving itself is a relatively young American tradition. It stems from the very ancient harvest feast and has

a more immediate connection with the Harvest Home ceremonies of the Pilgrims' England. But thanksgivings were intermittent in America until 1863. For the previous four decades the indomitable Sarah Josepha Hale, editor of Godey's Lady's Book, had waged a one-woman campaign for a regular, national holiday. In 1863 her efforts bore fruit, when President Lincoln declared that the last Thursday in November would thereafter be Thanksgiving Day.

Club Calendar

- 11-1 Daylight Savings Time ends
- 11-5 Business Meeting
- 11-24 Board Meeting
- 11-26 Thanksgiving Day



Websites

- (SI) soroptimistinternational.org
- (SIA) soroptimist.org
- (GWR) goldenwestregion.org
- (SISB) sisanbernardino.org

Happy Birthday

No November birthdays

Fall Meeting

Due to our issue with COVID-19 all of the Region Fall Meetings were scheduled to be via ZOOM. District 1 met for a social evening on Friday, October 16 and the meeting was held the next day on October 17. Friday evening was hosted by the host club, SI Chino and originated in President Karen Haughey's home. Gladys Weems, Judy Holbeck, Emily Lopez and Roberta Bamert attended. Fun events were planned and enjoyed. Our Judy won the mask contest for the most unusual one. Very ornate! Saturday's meeting included 39 participants and Governor Laurie Moses spoke about the Live Your Dream program. She stressed the importance of keeping our focus on the Dream programs. Clubs who partici-

pated in both Dream projects., Live Your Dream and Dream It, Be It were awarded Certificates of Appreciation.

Governor-elect Margie Burke spoke about upcoming events in the Region, the Federation and with Soroptimist International. She also talked about the Region's committee structure.

Region Treasurer Liz Glowka gave information on the SI President's Appeal which is The Road to Equality, 2019 / 2021. The issues to be addressed are child marriages, female genital mutilation, domestic violence, rights of older women and human trafficking. She also advised the members that on line raffles are a NO—NO.

SIA President Penny Babb spoke via video stressing the importance of relationships and communication in our relationships. Also important to keep the big picture in focus in relation to our mission. All presentations can be viewed in their entirety on the Region website.

The change in format went very smoothly and District Director Debra Murphy is to be applauded for a great job. Kudos also to the members of the host club.

Next order of business is to seek out a club to bid on the 2021 Fall Meeting.

SIA proposed amendments to bylaws

The club was sent a list of proposals to amend the Federation bylaws to be reviewed by the clubs for a vote on whether or not to accept which is due December 10 to SIA. Laws & Resolutions Chair Gladys Weems will review them prior to bringing recommendations for the clubs consideration prior to marking the club's ballot.

Due to a committee member's move to Arizona, Gladys is a member of one; therefore, any motion she presents to the members will require a second prior to a discussion by the members.

This will take place at the November business meeting. It should go smoothly as the changes are primarily housekeep-

ing. SI has had some changes to the Soroptimist International Constitution making it necessary to bring the Federation bylaws into compliance.

Service activities

In addition to the traditional projects for selecting a Live Your Dream winner and the Dream It, Be It event each year, the members have suggested added projects for this club year. Veronica's House of Mercy works with women to help them overcome issues of domestic violence. It was agreed by the Board of Directors to recommend to the members a project that will provide baskets filled with personal hygiene products among other suggestions this club year. A plan to also include a small throw blanket containing the "S" logo and/or club name embroidered on it was also suggested. There are

currently 12 women in residence and the goal is to have these baskets ready to distribute to them by the end of this calendar year.

Other projects were deferred for later consideration. The members have indicated a willingness to support the efforts of Emily Lopez in her bringing together young girls to help them gain their self esteem and to feel more empowered to develop their social skills and friendships. Emily provides refreshments as well as games and activities that would appeal to the girls. A money donation to help in this

endeavor has been approved with a stipulation that costs cannot exceed a stated amount and are to be supported by a receipt listing the cost involved to be attached to a club voucher requesting reimbursement. They currently meet weekly and Emily received several letters of appreciation from two of the girls which she forwarded to the members. The plan is to include these girls in the club's WINGS project.

Watch for more information as this project is developing.

Away we go!

Emily Lopez has hit the ground running in involving the San Bernardino club in the various areas of social media. She has been working closely with Michelle Gomez in developing a posting to the instagram account to solicit monies for the service donations the club has budgeted to support this club year. The opportunities for in person projects and activities have been seriously curtailed for many non-profit organizations such as Soroptimist and our club is exploring as many options as we can to find a way to

appeal to the generosity of the public to help assist our club in continuing our giving to others. We are appealing to others who share our mission and our goals for helping women and girls and who would be willing to contribute monies to the club for this purpose.

The club's instagram account and facebook account are available for us to use as well as e-mails to those in the community who have supported the club's activities in the past by attending the various in person

functions that are currently on hold and would hopefully be persuaded to donate monies without attending an event.

SIA and the Region have suggestions available and the "experts" in the club will be pursuing that information as well.

It is a whole new world for us right now!

Meet the new members

The club is growing bringing our total up to 13 members. The newest members are:

Olivia Hart. She lives in San Bernardino and is a Libra. They are sympathetic and understanding, anxious to learn the views of others. They are constantly attempting to equalize the situations of life. Their intuition is phenomenal. They also prefer things are in balance.

Kathia Colunga. Kathie lives in Colton and is a Gemini. Such persons are active, clever, skillful and versatile—and often unpredictable. They are always a jump ahead and can be expected to do the unexpected. They make friends quickly.

April Callison. April lives in San Bernardino and her birthday in September makes her a Virgo. Virgos have analytical minds and are quick to note facts.

Their temperament is very orderly, wanting everything in its proper place. They have inquiring minds and are avid readers.

The members are looking forward to their induction to the club and getting to know them and working together to achieve the goals of the organization. As is apparent, they bring a lot of talent.

Blue jeans

Blue jeans are so widely recognized as typically American that the nation's chief storehouse of Americana, the Smithsonian Institution, keeps several pairs in its permanent collection. Their creator was a young dry-goods peddler named Levi Strauss, who had followed the Forty-Niners to California in 1850, intending to sell them tent canvas. When he discovered that they needed sturdy pants much more than tents, he began turning the canvas into "waist overalls" and soon set up shop in San Francisco.

His business took off, and a lesser man might have been content, but Levi had his sights on perfection. In the next decade he introduced three design changes that were to make the name *levis* synonymous the world over with "blue jeans." One was

the addition of the reinforcing rivets that have remained his company's trademark. Another was the substitution for canvas of a durable cotton called *serge de Nimes*, named for its French town of origin. The "de Nimes" cloth soon became "denim." The third was the use of an indigo dye that he found he could depend on for consistent color; and thus the "blue" jeans were born.

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Your editor cannot help but wonder how Levi would feel about deliberately fading the color, or creating ragged tears in the legs of his product. Who would believe these changes would allow for a much higher price for them. They were no longer the sturdy work clothes they once were.

They are now worn for much dressier occasions and are considered high fashion. By adding an ill fitting tee shirt the wearer is emulated and envied for their attire. In my day such clothing would have been tossed in the rag bag.

Changes are inevitable if not always advisable. We find ourselves living in a changing world and learning to adjust to the newness of it. It takes understanding and patience to adapt without losing one's sense of what is right for themselves.

But then I do appreciate having indoor plumbing and the convenience of a microwave oven. Would not especially care to have to wear a bustle and heavy clothes down to the floor.

from *Curious Customs* by Tad Tuleja



S.I. San Bernardino  
P. O. Box 1372  
San Bernardino, CA 92401

President .. Judy Holbeck  
Vice-President .. Roberta Bamert  
Secretary .. Gladys Weems  
Treasurer .. Lupe Castaneda  
2-Year Director .. Michelle Gomez  
1-Year Director ..

### ***Mission Statement***

*Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.*

### **Meetings**

1st Thursday  
6:30 p.m.

San Bernardino Chamber of  
Commerce  
546 West 6th Street  
San Bernardino, California 92410

## **Ideas to Ponder**

If you change the way you  
look at things, the things you  
look at change.

—Wayne Dyer,  
self-help author and  
motivational speaker